

## Validation of a TLC-densitometric method for quality control of Estradiol valerate in drug combinations

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The aim of the current study was the validation of a TLC-densitometric method for quality control of Estradiol valerate in drug combination dosage forms. The TLC conditions were: glass plates with silicagel G<sub>60</sub>F<sub>254</sub>; mobile phase: chloroform : water = 90 : 10 v/v. The TLC-densitometric method was validated with respect to the analytical parameters: linearity, LOD, LOQ, accuracy and precision (repeatability). Linear regression analysis was performed. The regression calibration curve was built. Linearity accordance between the concentration and spot area in range:  $5.10^{-4}$  g/ml ÷  $3.10^{-3}$  g/ml was proved by the regression equation:  $y = 28874286.x + 14290$ . LOD =  $3.15.10^{-4}$  mg/ml; LOQ =  $9.54.10^{-3}$  mg/ml.

For estimating the accuracy the recovery is presented in R [%] ± RSD [%] with the respective confidence interval: R[1.5 mg]: 95.92 % ÷ 103.98 %; R[2 mg]: 93.35 % ÷ 108.89 %; R[2.5 mg]: 95.37 % ÷ 103.77 %. Precision is estimated by standard deviation, relative standard deviation and confidence interval. All data for the obtained quantity correspond to the confidence interval: 1.88 mg ÷ 2.17 mg. The proposed validated TLC-densitometric method is appropriate for quality control of Estradiol valerate in commercially available tablets.

**Key words:** TLC-densitometry, Estradiol valerate, validation, linearity, accuracy.

### INTRODUCTION

Osteoporosis is a systemic skeletal disease, characterized by decreased bone mass and altered bone microarchitecture, leading to increased bone fragility and fracture risk in women [1] and men [2]. Estradiol valerate is used for treatment of symptoms of menopause (hot flashes, burning, irritation) and types of prostate cancer (androgen-dependent), for prevention of osteoporosis in postmenopausal women, replacement of estrogen in women with ovarian failure or other conditions that cause a lack of natural estrogen in the body. The risk of osteoporosis is increased in estrogen deficiency [3].

Estradiol valerate is included in combined dosage forms for contraception with Cyproterone acetate (Femilar) [4] and Dienogest [5, 6]. On the pharmaceutical market drug products are available for treatment of climacteric symptoms in postmenopausal women, containing Estradiol valerate 2 mg in combination with: Ciproterone acetate 1 mg (Climen tabl.) [4]; Dienogest 2 mg (Climodien tabl.) [7], Medroxyprogesterone acetate 10 mg (Divina, Farlutes) [8]; Levonogestrel 0.15 mg (Climonorm tabl.) [9].

The following methods for determination of Estradiol valerate in tablets are described: I) UV-spectrophotometry at  $\lambda = 280$  nm [10]; II) UV-

spectrophotometry - first derivative at  $\lambda = 270$  nm [11] and  $\lambda = 292$  nm [10]; III) fluorimetry after derivatization reaction with dansyl chloride [12]. For determination of Estradiol valerate in drug combinations containing other components in the tablets the following methods are developed:

I) UV-derivative spectrophotometry:

1) Estradiol valerate and Cyproterone acetate [13]

2) 2nd derivative spectrophotometry: at  $\lambda = 297.4$  nm for Estradiol valerate and at  $\lambda = 273.4$  for Medroxyprogesterone acetate [14]

II) chemiluminescence method: inhibition of luminol luminescence by Estradiol valerate [15]

III) HPLC with UV-detection:

1) Estradiol valerate/Dienogest: stationary phase: ACE C<sub>8</sub>, mobile phase: ammonium nitrate: acetonitrile = 30 : 70 v/v, flow rate: 2 ml/min,  $\lambda = 280$  nm, internal standard: Cyproterone acetate [16]

2) Estradiol valerate/Medroxyprogesterone acetate: stationary phase: C<sub>18</sub>, mobile phase: ammonium nitrate: acetonitrile = 30 : 70 v/v,  $\lambda = 280$  nm [17]

IV) GC/MS: Estradiol valerate and Medroxyprogesterone acetate [18]

V) electrochemical method: carbon electrode modified with iron tetrapyridinoporphyrazine: 17 $\beta$ -Estradiol valerate in injections [19].

The aim of the current study is to validate the TLC-densitometric method for quality control of Estradiol valerate with respect to the analytical

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parameters: selectivity, linearity, accuracy, precision.

## MATERIALS AND METHODS

### Materials

I) Reference standard: Estradiol valerate

II) Reagents with analytical grade quality: chloroform (Sigma Aldrich, N: SZBD 074SV UN 1888); 99.98 % ethanol (Sigma Aldrich, N: SZBD 0500V UN 1170), distilled water

III) TLC glass plates precoated with silicagel G<sub>60</sub>F<sub>254</sub>, 20 cm × 20 cm (Sigma Aldrich, N: 2364681).

### Method: TLC-densitometry.

I) Instrumentation: densitometer VILBER LOURMAT CN-15.LC Serial:16263; sample applicator 10 µl micropipette (Hamilton, Bonaduz, Switzerland, N:18005701); TLC chamber (22 cm × 12 cm × 22 cm); stationary phase: Silicagel G<sub>60</sub>F<sub>254</sub>; mobile phase: chloroform : distilled water = 90 : 10 v/v, detection at λ = 254 nm.

II) Preparation of solution of RS for linearity check.

Accurately weighed quantities of the reference standard Estradiol valerate: 0.005 g, 0.01 g, 0.015 g, 0.02 g, 0.025 g, 0.03 g were dissolved in separate volumetric flasks of 10.0 ml in 99.98 % ethanol to obtain solutions with concentrations correspondingly: 5.10<sup>-4</sup> g/ml; 1.10<sup>-3</sup> g/ml; 1.5.10<sup>-3</sup> g/ml, 2.10<sup>-3</sup> g/ml, 2.5.10<sup>-3</sup> g/ml, 3.10<sup>-3</sup> g/ml.

III) Preparation of model mixtures for accuracy check.

Accurately weighed quantities equivalent to 0.015 g, 0.020 g, 0.025 g of the reference standard Estradiol valerate were dissolved in separate volumetric flasks of 10.0 ml in 99.98 % ethanol to obtain 3 samples from 3 different model mixtures with contents equivalent to 80 % (1.5 mg/ml, I), 100 % (2 mg/ml, II) and 120 % (2.5 mg/ml, III) of the theoretical concentration in the tablets (2 mg).

IV) Preparation of model mixtures for precision (repeatability) check.

Accurately weighed quantities equivalent to 0.02 g of the reference standard Estradiol valerate were dissolved in 6 separate volumetric flasks of 10.0 ml in 99.98 % ethanol to obtain 6 model mixtures with Estradiol valerate content equivalent to 100 % (2 mg/ml) of the theoretical concentration in the tablets (2 mg).

## RESULTS AND DISCUSSION

The TLC-densitometric method was validated for the analytical parameters: selectivity, linearity, accuracy and precision.

### 1) Selectivity

A "placebo" solution without the active substance Estradiol valerate was prepared in the same manner like the solution of the reference standard. The selectivity of the applied TLC-densitometric method was proved by the fact, that on the chromatograms with "placebo" solutions there were no spots with R<sub>f</sub>, corresponding to the R<sub>f</sub> of Estradiol valerate (0.92).

### 2) Linearity

Linearity accordance between the concentration and spot area in the range: 5.10<sup>-4</sup> g/ml ÷ 3.10<sup>-3</sup> g/ml was proved by the regression equation: y = 28874286.x + 14290. (Fig. 1.). LOD = 3.15.10<sup>-4</sup> mg/ml; LOQ = 9.54.10<sup>-3</sup> mg/ml.

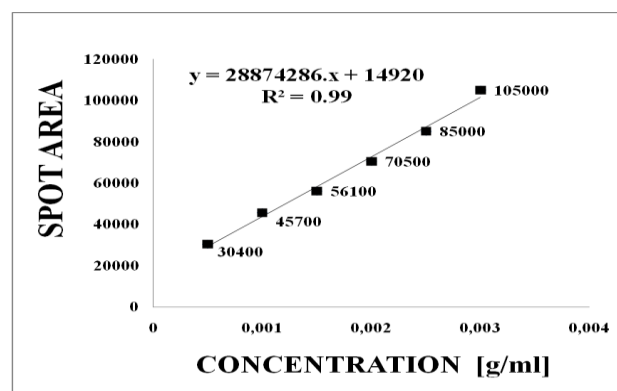


Fig. 1. Linearity for Estradiol valerate

### 3) Test for system suitability

The suitability of the system was confirmed by the lack of a statistically significant difference between the values of the chromatographic mobility parameter relative to the front (R<sub>f</sub>) in the analysis of 6 samples of Estradiol valerate: R<sub>f</sub>: 0.43, 0.43, 0.43, 0.43, 0.44, 0.44 (0.43 ÷ 0.005, SD = 1.4).

### 4) Accuracy

For the estimation of accuracy, in Table 1 are summarized data for the spot area (A), obtained by the method of calibration curve for model mixtures, the quantity [C] and the recovery [RC] of Estradiol

valerate, arithmetical mean ( $\bar{X}$ ); standard deviation (SD) and relative standard deviation (RSD) (%);

$S\bar{X}$  – mean quadratic error; P – confidence possibility (%) ; t – Student's coefficient;  $\bar{X} \pm t.S\bar{X}$  – confidence interval; E – relative error. Accuracy is presented by the recovery R (%) and RSD [20].

**Table 1.** Data for spot area (A), quantity [C] and degree of recovery [RC] for Estradiol valerate in model mixtures – estimation of accuracy.

| N:                             | A     | [C <sub>1.5</sub> ]<br>[mg] | R [C <sub>1.5</sub> ]<br>[%] | A     | [C <sub>2</sub> ]<br>[mg] | R [C <sub>2</sub> ]<br>[%] | A     | [C <sub>2.5</sub> ]<br>[mg] | R [C <sub>2.5</sub> ]<br>[%] |
|--------------------------------|-------|-----------------------------|------------------------------|-------|---------------------------|----------------------------|-------|-----------------------------|------------------------------|
| 1.                             | 56000 | 1.42                        | 97.73                        | 68000 | 1.84                      | 96.84                      | 84000 | 2.39                        | 97.55                        |
| 2.                             | 57900 | 1.49                        | 99.33                        | 71500 | 1.96                      | 100.51                     | 86200 | 2.47                        | 98.80                        |
| 3.                             | 60700 | 1.59                        | 102.58                       | 76200 | 2.12                      | 106.0                      | 90300 | 2.61                        | 102.35                       |
| $\bar{X} \pm SD$               | 58200 | 1.5 ±<br>0.09               |                              | 71900 | 1.97 ±<br>0.14            |                            | 86833 | 2.49 ±<br>0.11              |                              |
| $\bar{R} [\%] \pm$<br>RSD[%]   |       |                             | 99.95 ±<br>2.39              |       |                           | 101.12 ±<br>4.56           | 3197  |                             | 99.57 ±<br>2.5               |
| SD                             | 2364  | 0.09                        | 2.39                         | 4115  | 0.14                      | 4.61                       | 3.68  | 0.11                        | 2.49                         |
| RSD [%]                        | 4.06  | 6.0                         | 2.39                         | 5.72  | 7.11                      | 4.56                       |       | 4.42                        | 2.5                          |
| $S \bar{X}$                    |       | 0.05                        | 1.38                         |       | 0.08                      | 2.66                       |       | 0.06                        | 1.44                         |
| P [%]                          |       | 90.0                        | 90.0                         |       | 90.0                      | 90.0                       |       | 90.0                        | 90.0                         |
| t                              |       | 2.92                        | 2.92                         |       | 2.92                      | 2.92                       |       | 2.92                        | 2.92                         |
| t.S $\bar{X}$                  |       | 0.15                        | 4.03                         |       | 0.23                      | 7.77                       |       | 0.18                        | 4.2                          |
| $\bar{X} \pm$<br>t.S $\bar{X}$ |       | 1.35 ÷<br>1.65              | 95.92 ÷<br>103.98            |       | 1.74 ÷<br>2.2             | 93.35 ÷<br>108.89          |       | 2.31 ÷<br>2.67              | 95.37 ÷<br>103.77            |
| E [%]                          |       | 3.33                        | 1.38                         |       | 4.06                      | 2.63                       |       | 2.41                        | 1.45                         |

**Table 2.** Data for spot area (A), quantity [C] and degree of recovery [RC] for Estradiol valerate in model mixtures – estimation of precision.

| N:  | C    | A            | U A  | [C]            | R [C]<br>[mg/l]   | U [C] |
|---|------|--------------|------|----------------|-------------------|-------|
| 1.  | 1.95 | 69900        | 1.14 | 1.90           | 97.44             | 1.22  |
| 2.  | 1.95 | 70300        | 0.99 | 1.92           | 98.46             | 1.00  |
| 3.  | 2.00 | 71900        | 0.36 | 1.97           | 98.50             | 0.44  |
| 4.  | 2.00 | 73500        | 0.27 | 2.03           | 101.50            | 0.22  |
| 5.  | 2.05 | 75200        | 0.93 | 2.09           | 101.95            | 0.89  |
| 6.  | 2.05 | 76100        | 1.29 | 2.12           | 103.41            | 1.22  |
| $\bar{X} \pm SD$  |      | 72817 ± 2584 |      | 2.01 ± 0.09    |                   |       |
| $\bar{R} [\%] \pm$<br>RSD[%]                            |      |              |      |                | 100.21 ±<br>2.39  |       |
| SD  |      | 2584         |      | 0.09           | 2.38              |       |
| RSD [%]   |      | 3.51         |      | 4.48           | 2.39              |       |
| $S \bar{X}$   |      |              |      | 0.04           | 0.98              |       |
| P [%]   |      |              |      | 98.0           | 98.0              |       |
| t   |      |              |      | 3.37           | 3.37              |       |
| t.S $\bar{X}$   |      |              |      | 0.13           | 3.30              |       |
| $\bar{X} - t.S \bar{X} \div$<br>$\bar{X} + t.S \bar{X}$ |      |              |      | 1.88 ÷<br>2.17 | 96.91 ÷<br>103.51 |       |
| E [%]   |      |              |      | 1.99           | 0.98              |       |

All results are within the respective confidence interval: R[1.5 mg]: 95.92 % ÷ 103.98 %; R[2 mg]: 93.35 % ÷ 108.89 %; R[2.5 mg]: 95.37 % ÷ 103.77 %.

#### 5) Precision (repeatability)

Precision is estimated by the uncertainty of the result, determined by standard deviation (SD), relative standard deviation (RSD) and confidence

interval ( $\bar{X} \div t.S \bar{X}$ ). Table 2 presents: C – added content of Estradiol valerate in model mixtures, [C] – content obtained by the method of the calibration curve, [RC] – degree of recovery, U[A] – Chauvenet criterion for area, U[C] – Chauvenet criterion for the obtained content. All data for the obtained quantity of Estradiol valerate correspond to the confidence interval: 1.88 mg ÷ 2.17 mg (SD = 0.05).

### CONCLUSIONS

Estradiol valerate is available on the market in drug combinations with: Ciproterone acetate, Dienogest, Medroxyprogesterone acetate, Levonogestrel. The obtained quantities by the applied method correspond to the relevant confidence interval: 1.88 mg ÷ 2.17 mg. The proposed validated TLC-densitometric method is appropriate for quality control of Estradiol valerate in commercially available tablets.

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## ВАЛИДИРАНЕ НА TLC-ДЕНЗИТОМЕТРИЧЕН МЕТОД ЗА КОНТРОЛ НА КАЧЕСТВОТО НА ESTRADIOL VALERATE В ЛЕКАРСТВЕНИ КОМБИНАЦИИ

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(Резюме)

Целта на настоящото изследване е валидирането на TLC-дензитометричен метод за контрол на качеството на Estradiol valerate в комбинирани дозирани лекарствени форми. Условието на TLC са: стъклени плаки: Silicagel G<sub>60</sub>F<sub>254</sub>; подвижна фаза: хлороформ : вода = 90 : 10 v/v. TLC-дензитометричният метод е валидиран по отношение на аналитичните параметри: линейност, LOD, LOQ, точност и прецизност (повторяемост). Проведен е линеен регресионен анализ. Построена е калибрационна права. Линеината зависимост между концентрацията и площта на петната в интервала:  $5 \cdot 10^{-4} \text{ g/ml} \div 3 \cdot 10^{-3} \text{ g/ml}$  се доказва от уравнението на регресия:  $y = 28874286 \cdot x + 14290$ . LOD =  $3.15 \cdot 10^{-4} \text{ mg/ml}$ ; LOQ =  $9.54 \cdot 10^{-3} \text{ mg/ml}$ .

За оценка на аналитичния параметър точност, е представен аналитичният добив в R [%]  $\pm$  RSD [%], като резултатите отговарят на съответния доверителен интервал: R[1.5 mg]: 95.92 %  $\div$  103.98 %; R[2 mg]: 93.35 %  $\div$  108.89 %; R[2.5 mg]: 95.37 %  $\div$  103.77 %. Прецизността е оценена чрез изчисляване на стандартно отклонение, относително стандартно отклонение и доверителен интервал. Всички данни за получените количества съответстват на доверителния интервал: 1.88 mg  $\div$  2.17 mg. Предложеният валидиран TLC-дензитометричен метод е подходящ за контрол на качеството на Estradiol valerate valetate в таблетки.